



# Hotel President

# INCLUSIVE HOTEL

## **Best Western and L'abilità Onlus**

working together to welcome guests with Autism Spectrum Disorders (ASD).

Best Western Italia and L'abilità Onlus have launched a project dedicated to guests with Autism Spectrum Disorders.

Inclusive Hotel is the name of the initiative and it aims to guarantee an **absolutely positive** stay in the hotel to people with **Autism Spectrum Disorders**, both children and adults together with their families and their caregivers.

This guide is dedicated to those that want to **start travelling again**.

The **services** and **strategies** listed in the guide are helpful in organising the trip and ensure a positive and welcoming experience in the hotel, guaranteeing a sense of **wellness** and **inclusion**.

To supplement the information provided **Augmentative and Alternative Communication Tables** on the hotel itself and on the destination can be found in the dedicated rooms.

**We wish you a pleasant stay.**

## General Information

The **Best Western Hotel President** is located in **Rome**, in via Emanuele Filiberto 173.

The hotel staff has been **trained** and is **aware** of the characteristics of people with **autism spectrum disorders**, of their special needs, and knows how to make the hotel **fully inclusive**.

**Marco Cecchini** is responsible for the Inclusive Hotel project at the Best Western Hotel President.

You can contact him by e-mail at [marco.cecchini@rhr.it](mailto:marco.cecchini@rhr.it) or by phone on +39069150775.

**Do not hesitate to contact him:**

- for more information
- to book a room that is adequate to the needs of a person with ASD
- to communicate any special needs
- to communicate your time of arrival



## Check-In and Check-Out

The lobby of the Best Western Hotel President has comfortable brown sofas and poufs, tables with a wooden base and a glass top and large windows that face the street. To the right of the desk there is a counter where maps and information materials are displayed.

The lobby measures 230 square metres and at peak times **crowding** and **increased waiting times** could induce **sensory overload**.

During the day the most crowded times are:

- between 7am and 10am
- between 6pm and 9pm

It is therefore advisable to check-in and check-out outside these hours.

The hotel is always open.



## Common areas

💡 No neon lighting.

🎵 Low volume background music.

spaces	location	characteristics
<b>Lobby and Ristobar</b>	Ground floor	<ul style="list-style-type: none"><li>• The Hall and the Ristobar are open space</li><li>• At the bar there is a 55-inch TV screen, always switched to a news channel</li><li>• Brown leather sofas and armchairs</li><li>• Access to several common areas</li><li>• Business corner accessible through a few steps</li></ul>
<b>Bathroom</b>	Ground floor	<ul style="list-style-type: none"><li>• Accessible through a few steps, from the lobby</li><li>• Automatic bathroom light</li><li>• Paper towels and electric hand dryers</li></ul>
<b>Restaurant</b>	Ground floor	<ul style="list-style-type: none"><li>• The restaurant is easily accessible from the lobby</li><li>• Wooden floor, cream-coloured chairs, sand-coloured placemats</li><li>• Buffet counter in the middle of the room</li><li>• Stained-glass window at the centre of the ceiling</li><li>• Kids' corner at the entrance</li></ul>
<b>Gym</b>	First floor	<ul style="list-style-type: none"><li>• Parquet floor, mirrors, water dispenser, 50-inch flat TV screen tuned to music channels</li><li>• Cardio equipment, weights and barbells</li></ul>



## Room

The rooms dedicated to clients with ASD are equipped with features that can **help** in the case of **atypical sensory reactivity**:

- there are no neon lights but soft lighting
- the room is located far from noise sources
- cleaning products are fragrance free
- air fresheners are not used

The **bedding** is white, and a duvet is available to guests.

For specific needs, guests are allowed to bring with them their own **personal items** (**blankets** or **cushions**) and the staff will make the bed.

The windows in the room are at normal height and the room can be completely darkened with curtains. There is a minibar.

Rooms have a shower.

For **room service** please dial 400.

Please contact Reception by calling 79 for any **assistance** you may need.

You will also find **augmentative and alternative communication** material in your room concerning:

- Breakfast menu
- Rules of behaviour
- Communication tables
- An information sheet on Rome



## Restaurant

The restaurant of the Best Western Hotel President is located on the ground floor.

**A table will be reserved** for you in an area of the restaurant free from anything that could induce sensory processing disorder, away from busy passageways.

At the restaurant:

- Breakfast is served from 6.30am to 10.30am
- Lunch is served from 12am to 3pm
- Dinner is served from 7pm to 10pm

The times of **increased client influx**, that may lead to a higher risk of sensory overload are between 1pm and 2pm.

**Background music** is played at a low volume.

Guests can bring their **own food and drink** at the table.

If you communicate any **special needs** in advance, the hotel kitchen will do their best to satisfy your requests.

You will also find in your room, the breakfast menu with **augmentative and alternative communication symbols**.



## Hotel Information

### *USEFUL SERVICES NEAR THE HOTEL*

Autobus (Bus)/Metro to

#### San Pietro:

Take Metro A - direction Battistini for 8 stops and get off at **Ottaviano/San Pietro** stop

#### Colosseo-Fori Imperiali-Domus Aurea:

At Viale Manzoni corner: bus 810 for 3/6 stops or 15-minute walk

#### Piazza di Spagna-Fontana di Trevi:

Take Metro A - direction Battistini and get off at **Spagna** stop

#### Piazza Navona-Campo dei Fiori:

Walking 100 m. to Via Labicana: bus 87 for 9 stops and get off at **Senato** stop

#### Piazza Barberini-Via Veneto:

Take Metro A - Manzoni direction Battistini and get off at **Barberini** stop.

Post Office: Piazza Dante, 9

Bank: Banca Popolare di Novara – Piazza Dante 1

Tobacco shop: Via E. Filiberto, 151

Pharmacy: Via E. Filiberto, 145

Shopping streets: Via del Corso, Via dei Condotti, Via Nazionale, Via Cola di Rienzo, Via Veneto.

For the meeting with the Pope you need to make reservations. Please call +39 06 69883273 or send a fax to +39 06 69885863, from 9 am to 4.30pm.

The Pope only receives on Wednesday mornings. In August he receives at Castel Gandolfo.